

Personal Best

Cosmetic and Plastic
Surgery Update
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Procedure of the Month : BOTOX for Excessive Perspiration

Most of our patients know about the use of BOTOX to relax frown lines on the forehead, both horizontal and vertical. It's also commonly used to soften the platysma bands on the neck and "crow's feet" lines at the eyes. A new and exciting use for BOTOX is to prevent excessive sweating in the armpits.

Excessive sweating, or hyperhidrosis, is caused by stimulation of the sweat glands by nerve endings which descend from higher centers in the brain. These nerves respond to emotional stresses; like intimate social situations, public speaking, physical stresses, and increased body temperature that comes with exercise or hot humid weather.

Most people with excessive sweating are bothered primarily when they are emotionally stressed, physically active, or over-heated. Botox® can prevent sweating for many months by blocking the release of the neurotransmitter from the nerve endings, that causes the glands to produce sweat.

The procedure is very simple and relatively painless. Powder is applied to the armpits and after several minutes the areas are checked for areas of perspiration to determine the exact areas of the sweat glands. Fifteen to twenty drops of Botox® are injected via a very small needle into the skin of each underarm. Normal activity can be immediately resumed, while heavy exercise should be avoided for several hours.

Underarm sweating will be decreased by 90% within 48 hours and the full effect will be seen within one week. Most patients will obtain the benefit of dryness with one treatment of Botox® for six to ten months. What a blessing especially for the summer months, and the cost of the BOTOX may be covered by insurance!

Staff Testimonial by Judyann Affronti : Bye, Bye Bags!



Looking in the mirror, as we ladies do, we all feel that we're holding up pretty well until that one day when we notice our eyes in a recent photo and ask, "Where did those BAGS come from?". Working in the office, I knew that Dr. Bond injected Restylane into the "tear troughs" to fill the indented areas and virtually disguise the "bags". She also mentioned that patients "don't feel a thing". As most patients know, I'm no stranger to Restylane, which I profess to being one of 2 my best friends (the other is BOTOX). While I refuse to flinch at the needle insertion in my nasolabials and marionette lines (it's REALLY not that bad!), but the idea of that needle so close to the eyes was truly creeping me out.

But given the choice between keeping the undereye "bags" and getting needles stuck in them, vanity, of course, won out and there I was in the chair, Emla in my orbits and palms perspiring. I closed my eyes and felt some pressure, no pain at all and in a few minutes, it was over. Initially, I had a bit of redness and what looked like a case of undereye measles (the filler is injected in small bumps that will shortly soften and blend together to fill the indented areas). By the next day, I could barely see where the bumps had been, everything had smoothed out, but remained raised enough to camouflage those nasty bags. Best of all, the procedure used very little filler, leaving some for perfecting other little areas of woe. Amazing!

Call us for an appointment if you're ready to say "Bye, Bye!" to your "bags"!

Hair-Less for Less!

To celebrate Spring, we are offering a 10% discount on all Chemical Peel, Microdermabrasion, Laser Hair Removal, IPL, Laser Genesis and Titan Laser packages. Give a gift to Mom, a favorite Aunt, a friend or yourself. The discount applies to new packages purchased in June and July. It cannot be used to pay for packages already in progress.

Latisse - Lashes - Long and Longer!

You may have already seen advertising about Latisse, the new eyelash growing product that recently received FDA approval. We've had it in stock for several weeks, but like all new products, we wanted to demo it. Madelaine and Judyann have been using it nightly for about a month and are happy to report that all of our lashes are growing longer and definitely thicker. Staff consensus is.....it really works! The product is available only through a doctor's office, so call us to reserve your Latisse.

Bond on Baisden

If you haven't heard, Dr. Bond is becoming quite a regular on Michael Baisden's radio show. She's a natural on the air, and how many opportunities do you get to brag, "That's MY Plastic Surgeon!". We will be sending email blasts to let you know when she'll be on the show.

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